

Santa Clarita Valley Senior Center

Improving Our Community for an Aging Society



The SCV Senior Center offers over 100 educational, recreational, and supportive programs on a regular basis. Most activities are for adults 18 and over. Visit our website at: scvseniorcenter.org

Recreation & Leisure:

Bingo

Saturdays 3:00–9:30 p.m. Dining Room

Bridge

Mondays, Tuesdays, & Thursdays 9:00 a.m. Room A1

Duplicate Bridge

Tuesdays 6:45–10:00 p.m. Dining Room

Canasta

Mondays 1:00–4:00 p.m. Room A2

Chess Club (no meeting 4/3; 6/21; 8/7; 10/9 and 12/4/09)

Fridays 2:00–4:00 p.m. Room A1

Community Dance

3rd Friday 7:30–10:30 p.m. Dining Room

Food Bingo

Fridays 10:30–11:30 a.m. Room A1

Karoke

4th Friday 7:00 – 10:30 p.m. Dining Room

Mah Jongg

Mondays 4:00–6:00 p.m.

Senior Cinema

2nd Wednesday 2:15 p.m. Dining Room

Arts & Crafts Classes:

Respite Art Class (by MLC)

Tuesdays 8:30–9:30 a.m. Room A3

Art & Calligraphy

Tuesdays 9:00 a.m.–12:00 p.m. Room A2

Needlework & Crafts

Mondays 9:00 a.m. Room A2

Mixed Media

Tuesdays (by MLC) 9:00 a.m.–12:00 p.m. Room A2

Thursdays (by PP) 9:00 a.m.–2:00 p.m. Room A2

Oil Painting

Tuesdays (by PP) 6:30–9:30 p.m. Room A3

Wednesdays (by OK) 9:00 a.m.–12:00 p.m. A1 Room

Watercolor

Tuesdays (by PP) 6:30–9:30 p.m. Room A3

Cultural Classes:

Ballroom Dance by Barbara Wright

Wednesdays 7:30–8:30 p.m.

Line Dance by Ramona Thomas

Mondays 2:00–3:00 p.m. Dining Room

Line Dance by Helen Walker

Tuesdays & Thursdays 9:30–10:30 a.m. Dining Room

Line Dance by Maria Del Georgio

Wednesdays 6:00–7:30 p.m.

Happy Times Senior Orchestra

Thursdays 4:00–5:30 p.m. Dining Room

Tap Dance by Mary Alvedrez

Tuesdays 2:00–3:00 p.m. Dining Room

Educational & Technical Training:

Archeology & Anthropology

Wednesdays 9:30–11:00 a.m. Room A3

Computer Training

(Beginning Intermediate Advanced in Windows & Mac)

Fridays 9:00 a.m.–1:00 p.m. Room A 1

Amateur Radio Club

3rd Wednesdays 7:30–10:00 p.m. Room A2

Exercise Programs:

Aerobics

Mondays, Wednesdays, 8:30–9:30 a.m. Dining Room

Fridays

Aqua Fitness

Tuesdays & Thursdays 8:45–9:45 a.m. Bouquet Canyon

June–September Seniors pool

Chair Exercise

Mondays, Wednesdays, 9:45–10:15 a.m. Dining Room

Fridays

Exercise Program (People with Arthritis Can Exercise)

Wednesdays 10:20–10:50 a.m. Dining Room

T'ai Chi Ch'uan

Tuesdays & Thursdays 8:30–9:30 a.m. and 3:00–4:00 p.m.

Saturdays 8:30–10:00 a.m. Dining Room

Qigong

Mondays 3:00–4:00 p.m. Dining Room

Personal Development:

AARP Drivers Safety

Monthly; call for dates

Creative Writing

Tuesdays 1:00–2:30 p.m. Room A3

Live, Laugh, Love

Fridays 1:00–2:00 p.m. Room A3

Self-Improvement

Thursdays 2:00–3:00 p.m. Rooms A 1&2

SCV Senior Center Services Include:

- Transportation
- Nutritional
- Health and Wellness
- Trips and Tours
- Volunteerism
- Assistance / Support
- Handyworker Services, and more...

SCV SENIOR CENTER

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